

Health and Wellness Information for Patrol Guiders at SOAR 2017

January 2017

HEALTH SERVICES

There will be a Health Centre staffed by Registered Nurses and First Aiders. This will be open 24 hours for the duration of the camp. We will also have a physician available. This service is to be used when first aid/ health intervention requires more attention than the Patrol First Aider or the Sub Camp First Aider can provide.

SUB CAMP FIRST AID

There will be a First Aider for each of the Sub Camps. She will be there to consult when needed and to provide further advice and services. There will be a First Aid station for each Sub Camp.

PATROL GUIDER FIRST AIDER

You are responsible for making sure that each girl and adult in your patrol has 2 copies of the health and dietary information printed from ePACT, including the personal health number for the participant. These forms will be bought to camp.

The Medications Consent H.3 (double sided) is to be completed by parents, signed, and carried by the Patrol First Aider. All personal medication must be brought by the camper in a zip lock bag clearly labeled with precise instructions for use. Please bring your own first aid kit with basic supplies. Your Sub Camp First Aider will have first aid supplies as well.

The Health Centre is there for your support. We are all a team to provide the best positive experience for all campers at this amazing event. Your Job Description is included with this letter.

More information on health & wellness paperwork is on page 3.

SOAR 2017

JOB DESCRIPTION FOR PATROL FIRST AID GUIDERS

One of the two Patrol Guiders must have a valid First Aid certificate, Standard level (as a minimum) is preferred.

Here are the expectations:

- Provide First Aid treatment to your patrol members
- Provide a basic First Aid Kit for your use
- Ensure that all campers in your patrol have two (2) copies printed from ePACT of health and dietary information. Do not bring waivers, even if the parents print them.
- Carry one of the copies of the information with you. The other copy stays with the camper in her identification pouch.
- Ensure that all parents/guardians of campers in your patrol complete the Medications Consent – H.7, double sided.
- Ensure that all campers bring their own personal medications, fully labelled with all important information, in a zip lock bag.
- Retain these bags of medications for administration to the camper as directed. (Bring a small cooler if necessary, ice will be provided)
- Administer medications to your patrol campers as permitted by the H.7 form. Record this on the Medication Plan and Administration Record –H.3
- Include a copy of the First Aid Treatment Record –H.4 in the identification pouch of each camper
- Consult with your Sub Camp First Aider for further treatment and /or health concerns.
- Anyone who requires more immediate treatment should be taken to the Health & Wellness Centre

RE: FORMS for SOAR

H.1 Personal Health Form for Girls

- Completed online through ePACT by parents/guardians
- Two printed copies from ePACT to be brought to SOAR. At SOAR one copy will be kept with the camper and one will be given to the Patrol First Aider.

H.2 Personal Health Form for Adults

- Same distribution as the H.1

H.7 Medications Consent

- Two copies are to be brought to SOAR – one for the Patrol First Aider and one for the girls' ID pouch
- This form is filled out by the Patrol First Aider, indicating the brand name of the medication that will be in the patrol first aid kit
- The name of the Patrol Guider will be the name on the front
- Parents will complete the form, initialing all the medication that they are consenting to be given if required. If they do not want a medication administered they do not initial that one(s).
- All listed medications will be brought by the Patrol First Aider
- Medications must be in the original container with administration directions clearly visible

H.7 and RANGERS

- For their out trips, there could be a different First Aider accompanying them. Just include the statement "First Aider on Out Trip" along with the name of the Patrol First Aider on the front of the form.

H.3 and H.4

- You will need to have one of each of these for each participant. SOAR Health & Wellness Services will have additional forms available for First Aiders at camp

Campers' own medications should be clearly labeled with the name of the medication, dosage and administration instructions.

H.5 Wellness Statement

- Please note that this form is to be completed and signed by a physician if within one month of SOAR, the participant has been treated by a physician for any illness or injury that will have an impact on participation. Parents must also update information in ePACT and print the most recent version.

AT SOAR

- Each subcamp will have a First Aider who can assist the Patrol First Aider if needed
- Health Services is open 24 hours and has Registered Nurses, First Aiders and a physician on staff
- Health Services will help with any questions and provide services needed

If you require further information please contact

Stacey Thiessen
Health & Wellness Services Director

Victoria MacDonald
Health & Wellness Services Deputy

c/o soar@bc-girlguides.org